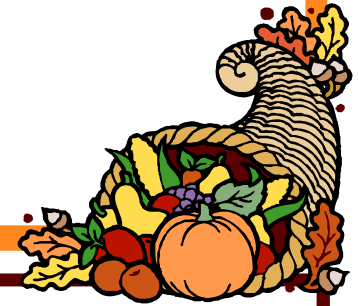


October 2009




St Mark Catholic School



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pizza Corn Strawberry Cups Ice Cream	2 No School
5 Breaded Chicken On a bun Lettuce/Tomato Peas Peaches Brownies	6 B.B.Q Pork Corn on the Cob Mandarin Oranges Garlic Toast	7 Pork Roast w/ gravy Mashed Potato's Green Beans Pears Roll	8 Pizza Carrot Sticks w/ Ranch Dressing Go-Yurts	9 ½ day Hot Dog Chips Carrot Sticks Fruit Cups Cookie
12 Mac & Cheese Chicken Nuggets Peas Strawberry Cups	13 Hamburger /Cheese W/ toppings Tatar Tots Fruit Cocktail Cookie	14 Chicken Quesadilla Rice Veggie Sticks Mandarin Oranges Churro's	15 Pizza Corn on the cob Fruit of the Day Desert of the Day	16 Turkey Pot Pie Corn Peaches Cookie
19 Grilled Cheese Mandarin Oranges Chicken Noodle Soup Pudding	20 Chicken Nuggets W/Sweet & Sour Sauce Rice California Veggie's Pineapple Fortune Cookie	21 Salisbury Steak Mashed Potato's Green Beans Mandarin Oranges Jell-O Roll	22 Pizza Salad Pears Cookie	23 Chicken Soft Taco Refried Beans Rice Salad Peaches Churros
26 Mini Corn Dogs F.F Fruit of the Day Jell-O	27 Toasted Cheese Sandwich Chili Mandarin Oranges Corn	28 Breakfast Day Toast w/ Grape Jelly Gravy Sausage Eggs Orange Juice	29 Pizza Salad Pears Ice Cream	30 Brains & Eye Balls Garlic Fingers Graveyard Veggies Crabby Apple Sauce Worms in Dirt

News

Oct 2... No School

Oct 9th... ½ Day
dismissal at 12:00

Oct 5th- 9th... Fire
Safety week

Oct 29th...
Parent/Teacher
Conference 3:30-
7:30

Oct 30... Trunk or
Treat

Oct 30th menu
Spaghetti w/ marinara
sauce
Bread Sticks
Salad
Apple sauce
Chocolate Pudding

